



48th ANNUAL ROAD RUN
Adult Road Run @ Wild West Arena
Live Run | Saturday, June 15

DIVISIONS

The 5K and 10K Road Runs are open to all men & women and are divided into these age groups:

- 12 and under
- 13 to 19 20 to 29
- 30 to 39 40 to 49
- 50 to 59 60 to 69
- 70 and over

LIVE RUN SCHEDULE

6:30 a.m. – Packet Pickup at Wild West Arena in the Pavilion
7:30 AM – Race Begins – 5K & 10K Race*

ENTRY FEE

5K & 10K - \$28.00

*Races will start on schedule

AWARDS

Medals awarded to the first three males and females in each age group of the 5K and 10K

ONLINE REGISTRATION

<http://www.platterriverfitness.com>

NLD Adult ROAD Run is part of the
PLATTE RIVER FITNESS SERIES

Contact: Landon or Lane Swedberg
lswedberg@gmail.com

THE COURSE

The course starts in the parking lot of the **Wild West Arena – 2400 North Buffalo Bill Avenue** goes through the Scouts Rest Ranch and **finishes in the Wild West Arena**. Course will include pavement and gravel surfaces.

POST RACE REFRESHMENTS

Furnished by PEPSI and NEBRASKAland DAYS

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2024 NEBRASKAland DAYS ROAD RUN ENTRY FORM

(Each individual needs to fill out an entry form)

BIB NUMBER

NAME _____ SEX _____ AGE (on 6-15-24) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE NUMBER _____ DATE _____ T-SHIRT SIZE YOUTH S _____ M _____ L _____

ADULT S _____ M _____ L _____

WOMEN'S TANK S _____ M _____ L _____ (Pre-order Only)

____10K (6.2 mi.) ESTIMATED RACE TIME _____

MAKE CHECK PAYABLE AND MAIL TO: NEBRASKAland DAYS

____5K (3.1 mi.) ESTIMATED RACE TIME _____

2801 Charlie Evans Drive

North Platte, NE 69101

In consideration of your acceptance of my entry fee I hereby for myself, and executors, waive and release any and all rights and claims for damages against NEBRASKAland DAYS, Inc., the City of North Platte, Lincoln County, the meet officials, sponsors and donors for any injuries suffered by me in connection with this event. I further certify that I am in good enough physical condition to participate in this event.

SIGNATURE _____

(If under 19, SIGNATURE OF PARENT OR GUARDIAN)

Payment \$ _____ Entered _____