



**47<sup>th</sup> ANNUAL ROAD RUN**  
**Adult Road Run @ Wild West Arena**  
**Live Run | Saturday, June 17**

**DIVISIONS**

The 5K and 10K Road Runs are open to all men & women and are divided into these age groups:

- 12 and under
- 13 to 19      20 to 29
- 30 to 39      40 to 49
- 50 to 59      60 to 69
- 70 and over

**AWARDS**

Medals awarded to the first three males and females in each age group of the 5K and 10K

NLD Adult ROAD Run is part of the  
**PLATTE RIVER FITNESS SERIES**

Contact: Landon or Lane Swedberg  
[lsswedberg@gmail.com](mailto:lsswedberg@gmail.com)

**LIVE RUN SCHEDULE**

6:30 a.m. – Packet Pickup at Wild West Arena in the Pavilion

7:30 AM – Race Begins – 5K & 10K Race\*

**ENTRY FEE**

5K & 10K - \$25.00

\*Races will start on schedule

**ONLINE REGISTRATION**

<http://www.platteriverfitness.com>

**THE COURSE**

The course starts in the parking lot of the **Wild West Arena – 2400 North Buffalo Bill Avenue** goes through the Scouts Rest Ranch and **finishes in the Wild West Arena**. Course will include pavement and gravel surfaces.

**POST RACE REFRESHMENTS**

Furnished by PEPSI and NEBRASKAland DAYS

**2023 NEBRASKAland DAYS ROAD RUN ENTRY FORM**

(Each individual needs to fill out an entry form)

CLASS \_\_\_\_\_ NUMBER \_\_\_\_\_

NAME \_\_\_\_\_ SEX \_\_\_\_\_ AGE (on 6-17-23) \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ DATE \_\_\_\_\_ T-SHIRT SIZE YOUTH S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_

ADULT S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_

WOMEN'S TANK S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ (Pre-order Only)

\_\_\_\_ 10K (6.2 mi.) ESTIMATED RACE TIME \_\_\_\_\_ **MAKE CHECK PAYABLE AND MAIL TO: NEBRASKAland DAYS**

\_\_\_\_ 5K (3.1 mi.) ESTIMATED RACE TIME \_\_\_\_\_ **2801 Charlie Evans Drive**

**North Platte, NE 69101**

In consideration of your acceptance of my entry fee I hereby for myself, and executors, waive and release any and all rights and claims for damages against NEBRASKAland DAYS, Inc., the City of North Platte, Lincoln County, the meet officials, sponsors and donors for any injuries suffered by me in connection with this event. I further certify that I am in good enough physical condition to participate in this event.

SIGNATURE \_\_\_\_\_

(If under 19, SIGNATURE OF PARENT OR GUARDIAN)

Payment \$ \_\_\_\_\_ Entered \_\_\_\_\_